National Registry Of Coaches’ COACH'S CODE OF ETHICS

PURPOSE OF COACH'S CODE OF ETHICS

To provide an ethical framework that would guide registered NCAP Coaches in determining appropriate behaviours.

THE THREE PRINCIPLES OF COACH'S CODE OF ETHICS

Three broad principles form the framework for the coach's code of ethics and are illustrated by a list of key ethical standards related to coaching.

The three principles are:

(a) Respect for Individuals - The concept that each individual possesses an intrinsic value and worth is integral to the principle of Respect for individuals. The coach is called upon to act in a manner respectful of the dignity of individuals.

Example: Treat and respect everyone equally, regardless of race, language, religion, culture, gender or physical ability

(b) Responsible Coaching - The principle of Responsible Coaching requires that the coach be competent and that sufficient duty of care to the participants is being exercised such that the participants are not harmed. It also encompasses the concept that risks to the participants are minimised and benefits to their holistic development are maximized.

Example: Avoid sexual intimacy with your athlete. Any physical contact with your athletes should be only when absolutely necessary and during appropriate situations.

(c) Integrity in Actions - The principle of Integrity in Actions challenges the coach to act with uprightness, wholeness and coherence. Coaches are expected to be honest, principled and honourable.

Example: Be honest and sincere when communicating with your athletes. Do not give false hopes to your athlete.

For more details, please visit [http://coaches.ssc.gov.sg](http://coaches.ssc.gov.sg). Click on “NROC” and select “NROC Handbook”.